

On-Site Spa ^{AND} Treatment Menu

General prices for on-site massage and facials (30-60 minutes) is 40-70 Pounds, which is approximately 55-90 US Dollars, tip is extra. *Custom Reiki is offered at \$90 US Dollars.

A combination of Swedish and deep tissue techniques tailored to suit your specific needs, with pressure as firm or as gentle as you would like. Using locally made Songbird Naturals products.

MASSAGE

Back, neck and shoulder massage Duration: 25 minutes | Cost: £40

Foot and leg massage Duration: 25 minutes | Cost: £40

Scalp, neck and décolleté massage Duration: 25 minutes | Cost: £40

Full Body Massage Duration: 55 minutes | Cost: £70

*Custom Reiki Duration: 60 minutes | Cost: \$90

Mum-to-be Full Body Massage* A soothing, side lying massage using nourishing organic rose and jojoba oil. Includes only an application of oil to the bump, no massage to this area. Duration: 55 minutes | Cost: £75

Mum-to-be back Massage* Duration: 25 minutes | Cost: £45

Pre-Book so that therapists are trained in pregnancy massage.

FACIALS

Express Facial Includes a cleanse, exfoliation, mask and short scalp massage, finished with a moisturizer to suit your skin's specific needs. Duration: 25 minutes | Cost: £40

Spa Facial As above, with the addition of a rejuvenating facial massage and a longer scalp and décolleté massage. Duration: 55 minutes | Cost: £70

Combo: 25 minute Back, neck and shoulder massage AND a 25 minute Facial Duration: 50 minutes total Cost: £70

Choose up to two spa treatments and one reiki limit per person. Let me know if you want spa treatments on separate days or the same day, one following the other. Reiki will be scheduled separately, mornings or evenings.